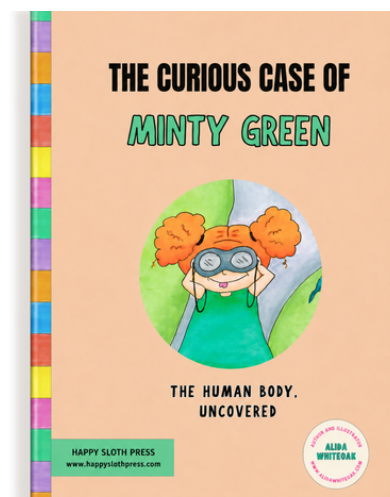


The Curious Case of Minty Green

The Human Body, Uncovered

A funny, curious picture book that celebrates bodies, bravery, and the joy of figuring things out together.

- Encourages healthy curiosity
- Celebrates diversity in a gentle, age-appropriate way
- Sparks conversation, laughter, and confidence
- Explores bodies, ageing, and individuality with warmth and humour



*“Finally! A children’s book that features individuals with disabilities as regular members of society. I’m going to add a copy to our special education library.
- special ed teacher*

Minty Green likes to understand things properly.

From wobbly necks to growing bodies, Minty’s curiosity leads her through a world of questions, surprises, and discoveries.

Along the way, she learns that everybody is different, and that’s exactly what makes people wonderful.

**Written and illustrated by
Alida Whiteoak**

HAPPY SLOTH PRESS

www.happyslothpress.com

RRP: \$21.00 AUD

Recommended for ages 3–6

Hardcover picture book | 38 pages

ISBN: 978-0-6455312-5-1

Printed using FSC-certified paper and eco soy-based inks.

Available directly via:

www.happyslothpress.com/shop





AUTHOR BIO

Alida grew up in Sydney, Australia, and spent fifteen years working as a nurse before burnout nudged her toward a slower, stranger kind of life. In that quiet, characters began to form: chatty, curious, and impossible to ignore. As she healed, they became books: *Catch You 'Round Alligator*, a tender ode to her stepdad, and *The Curious Case of Minty Green*, inspired by afternoons with her nieces. These days, she lives with her French bulldog, Teo, and splits her time between writing, cooking, and crafting –forever chasing the sweet spot between chaos and calm.

Minty came from a personal wish: that children could learn to see their bodies with curiosity rather than criticism. Growing up, Alida struggled with body image, and wanted to write a story that gently replaces comparison with wonder.

Using humour and big questions, Minty Green opens a safe doorway for families to talk about how bodies grow, change, and differ. It isn't a political book, just a celebration of being human in all our wonderfully unique ways.

Themes + Educational Tie-Ins

- Body awareness & curiosity
- Emotional safety
- Open communication with grown-ups
- Celebrating uniqueness
- Problem solving
- Respecting privacy
- Early science concepts

"The Curious Case of Minty Green is an excellent story for young children. It's an adorable tale of a little girl's exploration of the human body."

Suggested Audiences

- Schools (K-2)
- Libraries
- Storytime sessions
- Parenting groups
- Psychologists / counsellors
- Paediatric clinics

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