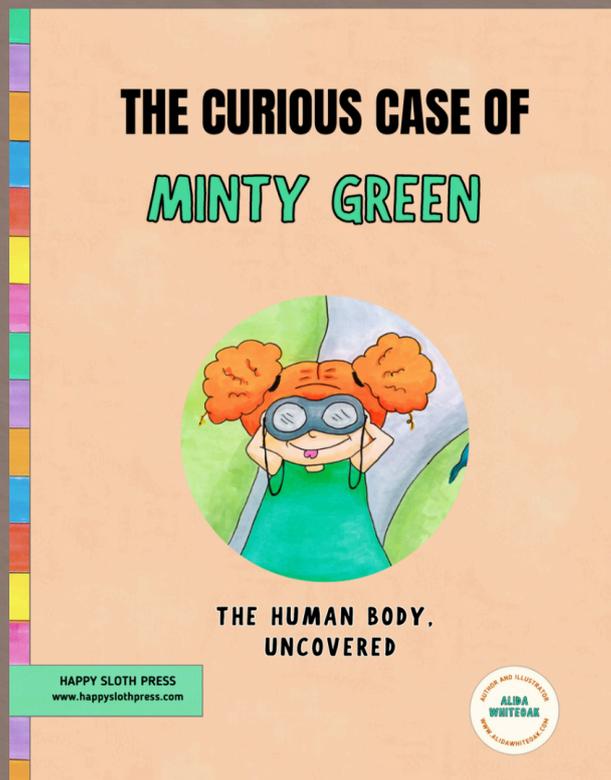


# THE CURIOUS CASE OF MINTY GREEN

The Human Body, Uncovered



Written and illustrated by: Alida Whiteoak

"I WISH MY NECK COULD ALSO WOBBLE. COME ON GRAN,  
LET'S GOBBLE GOBBLE!"

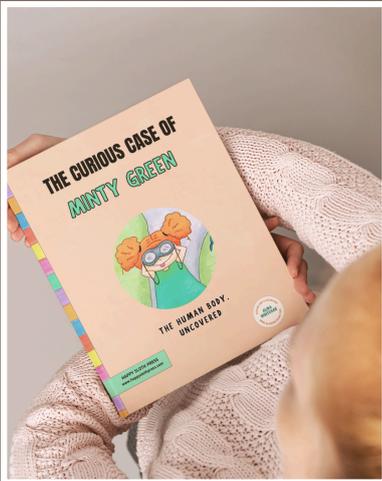
HAPPY SLOTH PRESS  
FSC CERT. SOY  
BASED INKS



**MEDIA KIT**

# ALIDA WHITEOAK

AUTHOR & ILLUSTRATOR



## THE CURIOUS CASE OF MINTY GREEN

The Curious Case of Minty Green is a delightful tale of a young girl, and her quest to learn more about the human body. From peeking at her mother through the shower curtain, to assessing the wobble of her gran's neck, Minty discovers that there is much more to being human than she originally thought.

Through its bright illustrations and Minty's delightful antics, 'The Curious Case of Minty Green' is sure to capture the hearts, and open the minds, of young children.

CLICK ON ALL IMAGES TO DOWNLOAD

A picture book covering five categories:

- How bodies grow
- What bodies can do
- The beauty of ageing
- Diversity and the world at large
- Body awareness for little learners

Written and Illustrated by celebrated author: Alida Whiteoak

[www.alidawhiteoak.com](http://www.alidawhiteoak.com)

[info@alidawhiteoak.com](mailto:info@alidawhiteoak.com)

### BOOK DETAILS

Imprint: Happy Sloth Press

[www.happyslothpress.com](http://www.happyslothpress.com)

Price: \$21.00 AU | Pages: 38

Language: English | Age: 3+

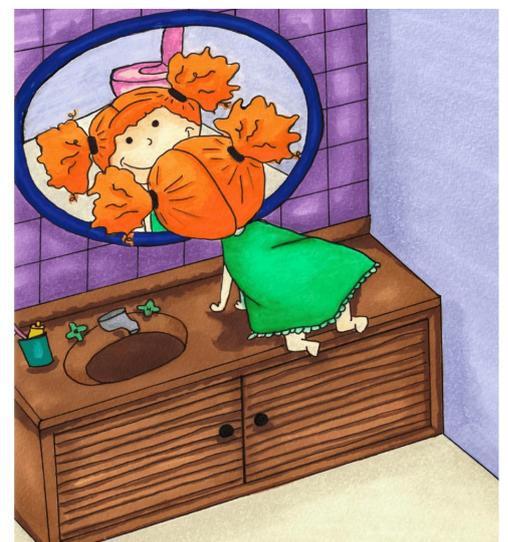
ISBN: 978-0-6455312-5-1 HSP Hardback

### PHONE / EMAIL

+61 432 564 688

[info@happyslothpress.com](mailto:info@happyslothpress.com)

ON SALE NOW ON AMAZON, B&N,  
AND HAPPY SLOTH PRESS



# ABOUT THE AUTHOR



[alidawhiteoak.com](http://alidawhiteoak.com)



[@alidawhiteoak](https://www.instagram.com/alidawhiteoak)



[AlidaWhiteoak](https://www.facebook.com/AlidaWhiteoak)

## ALIDA WHITEOAK: AUTHOR AND ILLUSTRATOR



### AUTHOR MOTIVATION

"I WRITE STORIES THAT GROW FROM SMALL, CURIOUS THOUGHTS, THE KIND THAT BLOOM QUIETLY WHEN YOU LEAST EXPECT THEM. IF MY BOOKS HELP A READER FEEL SEEN, SLOW DOWN, OR LAUGH IN RECOGNITION, THEN I'VE DONE MY JOB."

### HOP INTO ALIDA'S RABBIT HOLE OF STORIES!

Alida's newsletter offers a peek behind the pages, where daydreams turn into drafts, characters misbehave, and real life occasionally sneaks into her stories. Subscribers receive updates on new releases, creative projects, and the odd dash of whimsy. Join at [alidawhiteoak.com](http://alidawhiteoak.com)



### AUTHOR BIO

Alida Whiteoak is an Australian author and illustrator whose stories invite readers to slow down, look closer, and rediscover the wonder hiding in everyday life.

After fifteen years as a nurse, Alida swapped night shifts for notebooks, following her curiosity into the world of children's books. Her writing blends humour and heart with an eye for life's quiet details. Her picture books, [The Curious Case of Minty Green](#) and [Catch You 'Round Alligator](#), are loved for their blend of gentle wit and emotional honesty.

Each story holds a message just beneath the laughter – about love, loss, curiosity, and the peculiar beauty of being human.

Alida's next release, [On the Day Before Christmas](#), is a comic-style picture book celebrating family chaos, imagination, and the wild art of dreaming big.

She is also at work on a three-part children's series and an illustrated storybook inspired by pressed flowers and the natural world.

When she's not painting or plotting her next story, Alida can usually be found talking to her French Bulldog, Teo, or rearranging her art supplies with great purpose – and very little progress.

# BOOK REVIEWS

## Maree Talidu – teacher and social activist

"The Curious Case of Minty Green is an excellent story for young children. It's an adorable tale of a little girl's exploration of the human body. Highly recommend this book."

## Sofia – mother and reader

"The Curious Case of Minty Green is an infectious read for both adults and children. It's both adorable and highly entertaining."

## Maxine Abbott – kindergarten teacher

"What a delightful follow-on from 'Catch You 'round Alligator'. This book shares the same lyrical foundations of Alida's debut, but has the added addition of humour and fun. The illustrations are bright and engaging for children, and its leading lady, Minty Green, is captivating, to say the least. I highly recommend."

## Rebeka – special education teacher

"Finally! A children's book that features individuals with disabilities as regular members of society. I'm going to add a copy to our special education library."





## ARTICLE TOPICS AND QUESTIONS

- Cultivating body awareness in our youth.
- Overcoming an eating disorder.
- Generating body love and acceptance
- How to generate inclusivity in children.
- How acceptance of aging from a young age helps lessen anxiety.
- Leaving the safety of nursing to pursue a career as an author.
- Some of the positives that have come from writing a picture book.

Q

With the current quest for perfection, how do you think we can help children navigate a world full of photoshop and glossy filters?

Q

Aside from picture books, how can we help create body awareness in younger generations?

Q

You have mentioned that your picture book, *The Curious Case of Minty Green*, fosters acceptance of diversity? How so?

Q

You mentioned that you have had an eating disorder in the past. What societal messaging do you think contributed to your illness? How did you manage to finally overcome the disorder?

For interviews, features, or event bookings, please contact Happy Sloth Press at [info@happyslothpress.com](mailto:info@happyslothpress.com).