

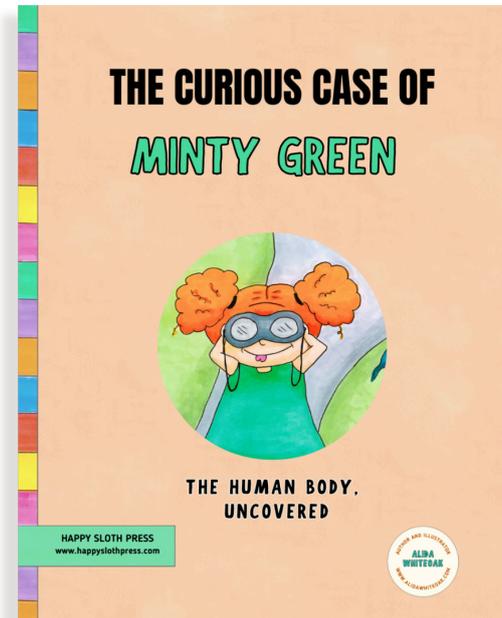
The Curious Case of Minty Green

THE HUMAN BODY, UNCOVERED



A funny, curious picture book that celebrates bodies, bravery, and the joy of figuring things out together.

- Supports early, healthy conversations about bodies
- Encourages healthy curiosity
- Normalises diversity in a gentle, age-appropriate way
- Sparks laughter and builds emotional confidence



“An adorable, engaging story that gets kids talking and giggling. Perfect for curious little minds.”



Minty Green likes to understand things properly.

Once she starts thinking about bodies (hers, other people's, everyone's!) she finds herself full of questions, surprises, and lots of giggly moments.

As Minty explores how humans grow and change, she discovers that nobody is truly “ordinary”. We're all wonderfully one of a kind. A curious, joyful picture book that helps children feel confident, curious, and ready to explore their world.



WRITTEN AND ILLUSTRATED
BY ALIDA WHITEOAK

HAPPY SLOTH PRESS

www.happyslothpress.com

Price: \$21.00 AUD

Hardback | 38 pages | Age 3+

ISBN: 978-0-6455312-5-1





AUTHOR BIO



Alida grew up in Sydney, Australia, and spent fifteen years working as a nurse before burnout nudged her toward a slower, stranger kind of life. In that quiet, characters began to form: chatty, curious, and impossible to ignore. As she healed, they became books: *Catch You 'Round Alligator*, a tender ode to her stepdad, and *The Curious Case of Minty Green*, inspired by afternoons with her nieces. These days, she lives with her French bulldog, Teo, and splits her time between writing, cooking, and crafting—forever chasing the sweet spot between chaos and calm.

Minty came from a personal wish: that children could learn to see their bodies with curiosity rather than criticism. Growing up, Alida struggled with body image, and wanted to write a story that gently replaces comparison with wonder.

Using humour and big questions, *Minty Green* opens a safe doorway for families to talk about how bodies grow, change, and differ. It isn't a political book, just a celebration of being human in all our wonderfully unique ways.

Themes + Educational Tie-Ins

- Body awareness & curiosity
- Emotional safety
- Open communication with grown-ups
- Celebrating uniqueness
- Problem solving
- Respecting privacy
- Early science concepts

"The Curious Case of Minty Green is an excellent story for young children. It's an adorable tale of a little girl's exploration of the human body."

Suggested Audiences

- Schools (K-2)
- Libraries
- Storytime sessions
- Parenting groups
- Psychologists / counsellors
- Paediatric clinics

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